



Shyloe Fayad (she/her/elle), B.Ed, CTLC, is a Somatic Experiencing Practitioner pursuing a master's in education in counselling. She is bilingual, in French and English, and works part-time as a counsellor in a K-12 Francophone school on the stolen territory of the Syilx Nation. As a mixed-race neurodiverse individual (AuDHD), Shyloe has been exploring how race, culture, and identity impact her and her client's experience living in a world steeped in settler colonialism and white supremacy. Shyloe is of Lebanese, Belizean and Scottish descent.

Self-employed for 10+ years as a Transformational Life Coach, Shyloe worked primarily with individuals experiencing anxiety, depression, self doubt and hopelessness. Shyloe knows firsthand the challenges of mental illness. Growing up in a traumatic environment with limited resources and many barriers, she suffered a major depressive period for about 20 years. Overcoming depression was no easy feat, but through this experience she was inspired to help others do the same. Connection was of primary importance in her own healing journey, and as such, Shyloe prioritizes connection and creating a safe space for all clients.

Funny, fearless and open-hearted, she is prone to a good (and often entertaining) rant on a variety of subjects: lactose intolerance, motherhood, menopause, single parenting, technology, late-stage capitalism and so much more. Shyloe is a potter (as in she makes pottery) and the proud mama of 4 adult kiddos, 2 cats and 4 guinea pigs. She also really loves bubble tea right now. Shyloe offers sessions virtually and in person at her new office. She is approved at the BEGINNER and INTERMEDIATE levels for SEP students. You can book a personal session using the QR code below or reach out at radicalwondering@gmail.com or 250-551-1538. Let's do this thing!



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